

# Week one

05/11 26/11 17/12 21/01 11/02 11/03 01/04

Monday

Choose a main meal...

Mozzarella & Tomato Pizza\*\*v with Pasta Salad\*\* & Potato Wedges

Bean Burger in a Bunv

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Carrot Batons, Peas

Fresh Seasonal Salad Bar

for dessert...

Flapjack with Fruit Slices\*

Tuesday

Choose a main meal...

Chicken Fillet in a Bun with Jacket Wedges

Creamy Pasta\*\*v

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn, Broccoli

Fresh Seasonal Salad Bar

for dessert...

Crunchy Plum Crumble\* with Custard or Sponge Cake

Wednesday

Choose a main meal...

Roast Turkey with Roast Potatoes, Creamy Mashed Potatoes & Gravy

Quorn Roastv with Roast Potatoes, Creamy Mashed Potatoes & Gravy

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Green Beans, Carrot Batons

Fresh Seasonal Salad Bar

for dessert...

Chocolate Ice Cream with Mandarin Segments\*

Thursday

Choose a main meal...

Mexican Beef

(A Mild Chilli Con Carne) with Rice\*\*

Mac 'N' Cheesev (Macaroni Cheese)

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn, Broccoli

Fresh Seasonal Salad Bar

for dessert...

Brownie Cake with Fruit\*

Friday

Choose a main meal...

Crispy Fish & Chips

Quorn Dippersv with Chips

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked Beans

Fresh Seasonal Salad Bar

for dessert...

Lemon Shortbread with Fruit Slices\*

# Week two

12/11 03/12 07/01 28/01 25/02 18/03 08/04

Choose a main meal...

Mozzarella & Tomato Pizza\*\*v with Pasta Salad\*\* & Potato Wedges

Baked Bean & Cheese Wrapv

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn, Peas

Fresh Seasonal Salad Bar

for dessert...

Vanilla Ice Cream with Fruit Slices\*

Choose a main meal...

Chicken Pie with Creamy Mashed Potato

Vegetarian Sausagesv with Creamy Mashed Potato

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn

Fresh Seasonal Salad Bar

for dessert...

Orange & Lemon Sponge Cake with Fruit Slices\*

Choose a main meal...

Roast Pork with Roast Potatoes, Creamy Mashed Potatoes & Gravy

Cheese & Potato Bakev with Roast Potatoes & Creamy Mashed Potatoes

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Broccoli, Carrot Batons

Fresh Seasonal Salad Bar

for dessert...

Crunchy Chocolate Biscuit with Fruit Slices\*

Choose a main meal...

Beef Burger with Potato Wedges

Vegetarian Bolognese

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Green Beans, Sweetcorn

Fresh Seasonal Salad Bar

for dessert...

Apple & Berry Crumble\* with Custard or Custard Biscuit

Choose a main meal...

Golden Cod Fillet Fish Fingers & Chips

Quorn Burgerv with Chips

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked Beans

Fresh Seasonal Salad Bar

for dessert...

Flapjack with Banana & Apricot\*

# Week three

19/11 10/12 14/01 04/02 04/03 25/03

Choose a main meal...

Mozzarella & Tomato Pizza\*\*v with Jacket Wedges

Baked Bean & Cheese Wrapv

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Green Beans, Sweetcorn

Fresh Seasonal Salad Bar

for dessert...

Strawberry Ice Cream with Fruit Slices\*

Choose a main meal...

Pork Sausages with Creamy Mashed Potato

Vegetable Lasagne\*\*v

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Broccoli, Sweetcorn

Fresh Seasonal Salad Bar

for dessert...

Raspberry Ripple Cake with Fruit Slices\*

Choose a main meal...

Roast Turkey with Roast Potatoes, Creamy Mashed Potatoes & Gravy

Quorn Roastv with Roast Potatoes, Creamy Mashed Potatoes & Gravy

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Seasonal Cabbage, Carrot Batons

Fresh Seasonal Salad Bar

for dessert...

Cake with Custard & Fruit

Choose a main meal...

Bolognese with a Garlic & Herb Bread Wedge

Vegetable Korma<sup>v</sup> with Rice\*\*

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Roasted Vegetables

Fresh Seasonal Salad Bar

for dessert...

Shortbread Fingers with Fruit Slices\*

Choose a main meal...

Golden Cod or Crispy Salmon\*\*\* Fillet Fish Fingers with Chips

Quorn Sausage & Tomato Pasta Bakev

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked Beans

Fresh Seasonal Salad Bar

for dessert...

Cake with Custard & Fruit

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT

OVER 30% of our products are transported by vehicles that run on biodiesel



All our bananas are FAIRTRADE



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Self serve Salad Bar available to accompany main meal and fresh Home Baked Breads available throughout the week  
Fresh Fruit & Yoghurt and a choice of Organic Milk, Fruit Juice & Cool Water served daily.  
\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (v) Vegetarian. LOOK OUT FOR OUR EXCITING THEME DAY PROMOTIONS!



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE