



# Chase View Community Primary School

Hillary Crest,  
Pear Tree Estate,  
Rugeley,  
Staffordshire  
WS15 1NE

Headteacher: Mr A Minott NPQH B.Ed  
Telephone: 01889 228750

Web: [www.chaseviewprimary.co.uk](http://www.chaseviewprimary.co.uk)  
Email: [office@chaseview.staffs.sch.uk](mailto:office@chaseview.staffs.sch.uk)

Week 28 8th April – 12th April 2019

<h2>April 2019</h2>	<p>Friday 12th April Monday 15th - Thursday 18th Monday 29th April</p>	<p>Last Day of Term WBA Sports Camp - 9.30am - 3pm School re-opens for staff and pupils.</p>
<h2>May 2019</h2>	<p>Thursday 2nd May Friday 3rd May Monday 6th May Monday 13th - Friday 17th May Monday 20th May Tuesday 21st May Wednesday 22nd May Thursday 23rd May Tuesday 28th - Friday 31st May</p>	<p>School Closed for Polling Day Inset Day - School Closed School Closed - Bank Holiday Monday SATs Week Pre-school Sports Day - 9am Years 3,4,5 &amp; 6 Sports Day - 9am Years 1 &amp; 2 Sports Day - 9am Nursery &amp; Reception - 9am WBA Sports Camp - 9.30am - 3pm</p>
<h2>June 2019</h2>	<p>Monday 3rd June Monday 17th June Tuesday 18th June Wednesday 19th June Thursday 20th June Friday 21st June Monday 24th June</p>	<p>School re-opens for staff and pupils. Year 5 Bikeability (Groups 1 &amp; 2) Summer Fayre 3 - 5pm Reception Packington Farm Visit Year 1 Packington Farm Visit Year 2 Packington Farm Visit Year 5 Bikeability (Group 3)</p>



If you know of anyone who has difficulty reading this or any other school information, please contact me at school and we will try and arrange confidential help.





## Dojo Award



Mrs Love's class: Harper

Mrs Lloyd-Smith's class: Georgie

Miss Stokes class: Shannon

Mrs Hardwick's class: Jamie

Miss Smith's class: Chloe-Grace

Mrs Dixey's class: Chloe

Mr Minott/Mrs Williams' class: Georgia

Mrs Harris' class: Oliver

**Well done to all the children.**

**The parents of the above children are invited to come into school on Wednesday 1st April 8.30am - 8.50am for 'Golden Moments' to view their child's work.**

## WEEKLY PERCENTAGE ATTENDANCE

We are now introducing information on the weekly attendance per class as well as the whole school attendance.

4th April - 10th April, 2019

<b>KEY STAGE 1</b>	
Reception	93.3%
Y1	93.7%
Y2	<b>96.9%</b>
<b>KEY STAGE 2</b>	
Y3	93.6%
Y4	98.3%
Y5/6 Mrs Dixey	<b>98.9%</b>
Y5/6 Mrs Williams	100%
Y5/6 Mrs Harris	88.9%
<b>Whole School</b>	<b>95.5%</b>



**Due to having the best attendance Y2 & Y5/6 (Mrs Williams')class only, can come into school in non uniform on Monday 29th April.**

**Well Done!**

Parents & carers would you be interested in joining our PTA if so .....



We are looking for parents, carers or grandparents that could spare some of their time to help Chase View Primary and become an active member of our 'Parents & Teachers Association. The PTA are heavily involved with fund raising events for the school but due to retirements, they now have very few left on the committee, leaving the existing members struggling to host events such as The Summer Fayre, Bingo nights etc...

If you can bring help, ideas and commitment to the PTA we would be delighted to have you on board.

Please speak to the office if you are interested.

### **Uniform**

It has come to my attention that children are starting to wear a range of non-uniform items such as:

- larger earrings (not studs),
- magnificently long painted nails - not plain

And shoes are becoming trainers of all sorts of colours, designs and shapes.

Whilst I understand that there is pressure from children to be 'up-with-fashion', can I remind you that school is not a fashion show.

Please use the Easter break to purchase school items in accordance to our guidelines for uniform.

## “But I’m not tired……”

Sleep rules!

Without enough sleep, you can struggle to concentrate, can feel really cross one minute and like crying the next, or just like you want to crash out and lie down – when everyone else is busy getting on and having fun.

Everyone needs a different amount of sleep and this changes as you grow up.

As a guide, if you’re in primary school you should be getting 10-11 hours’ sleep a night, so that means going to bed between 7 and 8pm every night.

Once you get to 10 years old, you may need a little less, maybe 8 ½ to 9 ½ hours a night.

### Relax and drift off

There are some things that we can do to make sure we are sleepy and ready for bed at the right time to get a full night’s sleep:

Get lots of fresh air and [exercise](#) during the day as this will help make you feel tired at bedtime

- After dinner, have some chill out time. Avoid watching TV and using electronic devices though as this wakes your brain up, and you want to be sending it ‘sleepy signals’
- Try a bedtime story to help you relax before you fall asleep
- Dim the lights in your room to make it darker
- Listen to some calming music
- Have a warm relaxing bath



Enjoy a warm milky drink. Make sure you avoid fizzy drinks and caffeine though, and don’t forget to [clean your teeth](#) before bed

- Get your body into a bedtime routine which is always the same and happens at about the same time every night

Sometimes it can be hard to switch your brain off and go to sleep. Sometimes you might wake up after a nightmare. If this happens to you regularly, talk to your parents, teachers or school nurse who will be able to give you more tips on how to sleep well.

### DID YOU KNOW?

The average person spends 229,961 hours a sleep over the course of their lifetime – that’s 9581 days, or 1369 weeks or 26 ½ years!