

# Primary Choice Spring/Summer 2019 Menu Week 1

W/C 29/04 20/05 17/06 08/07 09/09 30/09 21/10



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	<b>Tomato &amp; Mozzarella Pizza**<sup>(v)</sup></b> <i>with Jacket Wedges</i>	<b>Chicken &amp; Potato Bake</b>	<b>Roast Turkey</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>BBQ Beef Meatballs</b> <i>with Wholegrain Rice**</i>	<b>Golden Cod Fish Fingers or Salmon Fish Fingers***</b> <i>with Chips</i>
<b>Alternative Dish</b>	<b>Chinese Style Veggie Noodles<sup>(v)</sup></b>	<b>Mac 'N' Cheese<sup>(v)</sup></b> <i>Macaroni Cheese</i>	<b>Quorn Roast<sup>(v)</sup></b> <i>with Roast Potatoes &amp; Gravy</i>	<b>BBQ Sweetcorn Stack<sup>(v)</sup></b> <i>(Layered Tortilla Bake) with Wholegrain Rice**</i>	<b>Vegetarian Hotdog<sup>(v)</sup></b> <i>with Chips</i>
<b>Additional Daily Options</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>
<b>Vegetables</b>	<b>Broccoli Sweetcorn</b>	<b>Green Beans Mediterranean Vegetables</b>	<b>Carrots Cabbage</b>	<b>Sweetcorn Roasted Seasonal Vegetables</b>	<b>Peas &amp; Carrots Baked Beans</b>
<b>Desserts</b>	<b>Mango Frozen Yogurt</b> <i>with Fruit Slices*</i>	<b>Pineapple &amp; Peach Crumble*</b> <i>with Custard</i>	<b>Flapjack</b> <i>with Fruit Slices*</i>	<b>Brownie Cake</b> <i>with Banana*</i>	<b>Berry Chill</b> <i>Fruits of the Forest Mousse*</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit, Freshly Baked 50/50 Bread and Yogurt available daily  
Fresh Salad available on a daily basis

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish <sup>(v)</sup> Vegetarian



# Primary Choice Spring/Summer 2019 Menu Week 2

W/C 06/05 03/06 24/06 15/07 16/09 07/10



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	<b>Tomato &amp; Mozzarella Pizza**(v)</b> <i>with Pasta Salad</i>	<b>Pork Sausages</b> <i>with Creamed Potato</i>	<b>Roast Chicken</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Pasta Bolognese**</b>	<b>Crispy Battered Fish</b> ( <i>Crispy Battered Pollock</i> ) <i>with Chips</i>
<b>Alternative Dish</b>	<b>BBQ Quorn Burger(v)</b> <i>with Pasta Salad</i>	<b>Vegetarian Sausages(v)</b> <i>with Creamed Potato</i>	<b>Cauliflower &amp; Creamed Corn Bake(v)</b> <i>with Roast Potatoes</i>	<b>Mild Chickpea Curry(v)</b> <i>with Wholegrain Rice**</i>	<b>Baked Bean &amp; Cheese Wrap(v)</b> <i>(Folded Tortilla Wrap)</i> <i>with Chips</i>
<b>Additional Daily Options</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>
<b>Vegetables</b>	<b>Sweetcorn Peas</b>	<b>Roasted Peppers &amp; Sweetcorn Baked Beans</b>	<b>Cabbage Carrots</b>	<b>Broccoli Sweetcorn</b>	<b>Peas &amp; Carrots Baked Beans</b>
<b>Desserts</b>	<b>Flapjack* with Fruit Slices*</b>	<b>Pear Upside Down Cake*</b> <i>with Custard</i>	<b>Fruit Slice*</b>	<b>Oatie Biscuit with Fruit Slices*</b>	<b>Strawberry Frozen Yogurt</b> <i>With Fruit Slices*</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit, Freshly Baked 50/50 Bread and Yogurt available daily  
Fresh Salad available on a daily basis

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (v) Vegetarian



# Primary Choice Spring/Summer 2019 Menu Week 3

W/C 13/05 10/06 01/07 02/09 23/09 14/10



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Mac 'N' Cheese(v) <i>Macaroni Cheese</i>	<b>Tomato &amp; Mozzarella Pizza**(v)</b> <i>with Jacket Wedges</i>	<b>Roast Pork</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Beef Burger</b> <i>with Jacket Wedges</i>	<b>Golden Cod Fish Fingers</b> <i>with Chips</i>
<b>Alternative Dish</b>	<b>Vegetable Korma(v)</b> <i>with Wholegrain Rice**</i>	<b>Cheesy Bubble &amp; Squeak(v)</b>	<b>Quorn Roast(v)</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Vegetable Lasagne(v)</b> <i>with a Herby Bread Wedge**</i>	<b>Baked Bean &amp; Cheese Wrap(v)</b> <i>with Chips</i>
<b>Additional Daily Options</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>	<b>Loaded Jacket Potatoes</b> <i>With either Cheese, Tuna, Baked Beans or Coleslaw</i> <b>Selection of Sandwiches</b>
<b>Vegetables</b>	<b>Peas Mediterranean Vegetables</b>	<b>Roasted Summer Vegetable Medley Sweetcorn</b>	<b>Carrots Cabbage</b>	<b>Broccoli Sweetcorn</b>	<b>Baked Beans Peas &amp; Carrots</b>
<b>Desserts</b>	<b>Flapjack* with Fruit Slices</b>	<b>Crunchy Chocolate Biscuit</b> <i>with Fruit Slices*</i>	<b>Blueberry Frozen Yogurt</b> <i>with Fruit Slices*</i>	<b>Apple &amp; Berry Crumble*</b> <i>with Custard</i>	<b>Chocolate Shortbread</b> <i>With Fruit Slices*</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit, Freshly Baked 50/50 Bread and Yogurt available daily

Fresh Salad available on a daily basis

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