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# PSHE & Relationship Education

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Chase View Primary School

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Adopted Aut 2019  
Review Sum 2021

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## **Purpose of the policy**

This policy sets out our aims, principles and strategies for the delivery of PSHE, RE and the mindfulness of children. PSHE/RE promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

## **Aims and objectives**

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals, within the community and modern Britain. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

### Objectives

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge effectively
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals
- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

## **Statutory requirements**

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

However, we are not required to provide sex education but we do need to teach the elements of sex education contained in the science curriculum.

In teaching RSE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At Chase View we teach RSE as set out in this policy.

## **Policy development**

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review - a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation - all school staff were given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation - parents and any interested parties were invited to discuss any issues or queries they had about the policy shared with them
4. Pupil consultation - we investigated what exactly pupils want from their RSE
5. Ratification - once amendments were made, the policy was shared with governors and ratified

## **Curriculum Organisation**

At Chase View Primary School, teachers are encouraged to progressively develop pupils' PSHE/RE skills and capability through discrete learning opportunities, and to exploit this capability as a tool to support objectives in other curriculum areas meaningfully.

## **Teaching and Learning of PSHE**

When delivering the National Curriculum for PSHE, teachers are expected to employ a range of strategies and to use their professional judgement to decide on the most appropriate teaching and learning style.

PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied and are mindful of preferred learning styles and the need for differentiation.

## **Safeguarding Children:**

Teachers need to be aware that sometimes disclosures may be made during these sessions; in which case, safeguarding procedures must be followed immediately. Sometimes it is clear that certain children may need time to talk one-to-one after the circle closes. It is important to allow the time and appropriate

staffing for this to happen. If disclosures occur, the school's disclosure and/or confidentiality policy is followed.

### **Relationships and Sex Education (RSE)**

Effective RSE can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It also enables children and young people to make responsible and informed decisions about their health and well-being.

RSE makes an important contribution to health and well-being by supporting children and young people's ability to learn, achieve and flourish. RSE plays a very important part in fulfilling the statutory duties all schools have to meet. RSE helps children understand the difference between safe and abusive relationships and equips them with the skills to get help if they need it. Sex and Relationships Education (SRE) is an important part of PSHE education (DfE, 2014).

### **Parental Support**

Parents will be invited in from Years 5 and 6 to show the parents what RSE the children will be experiencing at Chase View. Parents do not have the right to withdraw their children from relationships education. Parents will be made aware that schools are legally required to provide a broad and balanced curriculum. Parents will have the opportunity to withdraw their child from non-statutory/non-science components of sex education within RSE. However, sex and relationships topics can arise incidentally in other subjects and it is not possible to withdraw pupils from these relatively limited and often unplanned discussions. Requests for withdrawal should be put in writing and addressed to the headteacher. Alternative work will be given to pupils who are withdrawn from sex education.

### **Teaching Sensitive and Controversial Issues**

Teachers will be prepared to handle personal issues arising from the work, to deal sensitively with, and to follow up appropriately, disclosures made in a group or individual setting. Teachers will adopt strategies that seek to avoid bias on their part and will teach pupils how to recognise bias and evaluate evidence. Teachers will seek to establish a classroom climate in which all pupils are free from any fear of expressing reasonable points of view that contradict those held either by their class teachers or their peers.

### **Answering Difficult Questions and Sensitive Issues**

Staff members are aware that views around RSE- and Drug and Alcohol Education-related issues are varied. However, while personal views are respected, all RSE and Drug and Alcohol Education issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect that others have the right to a different opinion.

Both formal and informal RSE and Drug and Alcohol Education arising from pupils' questions are answered according to the age and maturity of the pupil(s) concerned. The school believes that individual teachers must use their skill and discretion in this area and refer to the Child Protection Coordinator if they are concerned.

Our school believes that RSE and Drug and Alcohol Education should meet the needs of all pupils, answer appropriate questions and offer support.

RSE provision is covered regardless of their developing sexuality and will be able to deal honestly and sensitively with sexual orientation, answer appropriate questions and offer support. Homophobic bullying is dealt with strongly yet sensitively. The school liaises with parents/carers on this issue to reassure them of the content and context

### **Roles and responsibilities**

It is the responsibility of the PSHE Lead that the following are carried out:

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- Advising colleagues on planning, delivering and assessing PSHE
- Monitoring the effective use of PSHE (learning walks, discussions with children and staff, evidence in produced work)
- Ensuring progression in PSHE
- Identifying if any support/CPD is needed
- Reviewing and revising the PSHE policy
- Co-ordinating and overseeing equipment maintenance.

### **The Learning Environment**

Establishing a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike, is vital. To enable this, it is important that 'ground rules' are agreed and owned at the beginning of the year.

It needs to include the aspects below:

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We only use names when giving compliments or when being positive
- We respect each other's privacy (confidentiality)