

Chase View Community Primary School

Hillary Crest,
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WS15 1NE

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Week 32 20th May — 24th May 2019

May 2019	Tuesday 28th - Friday 31st May	WBA Sports Camp - 9.30am - 3pm
	Monday 3rd June	School re-opens for staff and pupils.
June	Friday 7th June	Non-Uniform Day - Bottles & Brick a Brack
2019	Monday 17th June	Year 5 Bikeability (Groups 1 & 2)
	Monday 17th June	Nursery Packington Farm Visit
	Wednesday 19th June	Reception Packington Farm Visit
	Thursday 20th June	Year 1 Packington Farm Visit
	Friday 21st June	Year 2 Packington Farm Visit
	Monday 24th June	Year 5 Bikeability (Group 3)
	Thursday 27th June Date Change	Summer Fayre 3 - 5pm
Inly	Monday 15th July	Reports out to parents
July 2019	Tuesday 16th July	Parents open afternoon (to discuss reports)
	Friday 19th July	Y6 Leavers Assembly - 2pm
	Friday 19th July	Last Day of Term



If you know of anyone who has difficulty reading this or any other school information, please contact me at school and we will try and arrange confidential help.















Dojo Award



Mrs Love's class: Seren

Mrs Lloyd-Smith's class: Kaycee-Rae

Miss Stokes class: Lillie-Mae

Mrs Hardwick's class: Megan

Miss Smith's class: Leighton

Mrs Dixey's class: Isabella

Mr Minott/Mrs Williams' class: Owen

Mrs Harris' class: Jude

Well done to all the children.

The parents of the above children are invited to come into school on Friday 7th June 8.30am - 8.50am for 'Golden Moments' to view their child's work.

WEEKLY PERCENTAGE ATTENDANCE

We are now introducing information on the weekly attendance per class as well as the whole school attendance.

16th May - 22nd May, 2019

KEY STAGE 1		
Reception	95.0%	
Y1	90.4%	
Y2	96.2%	
KEY STAGE 2		
Y3	90.7%	
Y4	92.6%	
Y5/6 Mrs Dixey	96.8%	
Y5/6 Mrs Williams	90.0%	
Y5/6 Mrs Harris	95.0%	
Whole School	93.2%	



Due to having the best attendance Year 2 & Y5/6 (Mrs Dixey's) class only, can come into school in non uniform on Monday 3rd June.

Well Done!

"But I'm not tired....."

Sleep rules!

Without enough sleep, you can struggle to concentrate, can feel really cross one minute and like crying the next, or just like you want to crash out and lie down – when everyone else is busy getting on and having fun.

Everyone needs a different amount of sleep and this changes as you grow up.

As a guide, if you're in primary school you should be getting 10-11 hours' sleep a night, so that means going to bed between 7 and 8pm every night.

Once you get to 10 years old, you may need a little less, maybe 8 ½ to 9 ½ hours a night.

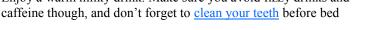
Relax and drift off

There are some things that we can do to make sure we are sleepy and ready for bed at the right time to get a full night's sleep:

Get lots of fresh air and exercise during the day as this will help make you feel tired at bedtime

- After dinner, have some chill out time. Avoid watching TV and using electronic devices though as this wakes your brain up, and you want to be sending it 'sleepy signals'
- Try a bedtime story to help you relax before you fall asleep
- Dim the lights in your room to make it darker
- Listen to some calming music
- Have a warm relaxing bath

Enjoy a warm milky drink. Make sure you avoid fizzy drinks and



time every night Sometimes it can be hard to switch your brain off and go to sleep. Sometimes you might wake up

Get your body into a bedtime routine which is always the same and happens at about the same

after a nightmare. If this happens to you regularly, talk to your parents, teachers or school nurse who will be able to give you more tips on how to sleep well.

DID YOU KNOW?

The average person spends 229,961 hours a sleep over the course of their lifetime – that's 9581 days, or 1369 weeks or 26 ½ years!



Father's Day Meal - Important Information

Timetable

Wednesday 12th June

Preschool, Nursery & Reception Dinner service starts at 11.45am Roast Dinner



Thursday 13th June



Y1, Y2 & Y3 Dinner service starts at 11.45am Hot Dog & Chips

Friday 14th June

Y4, Y5 & Y6 Dinner service starts at 11.45am Fish & Chips

Your child will have had a letter given to them today.

Please return the slip by no later than Wednesday 5th June.

Before you enter the hall please make sure your name has been ticked off at the office.